

# SALT water

Harborside Dining

## From The Griddle

### Saltwater Pancake 12

Three Buttermilk Pancakes, Salted Caramel,  
Candied Bacon

### Belgian Waffle 12

Choice of Berries or Chocolate Chips

### Short Stack 8

Two Buttermilk Pancakes, Maple Syrup

### Simply French Toast 11

Sweet Bread, Maple Syrup

### Back to the Basics\* 12

Fried Egg, House Cured Bacon, Cheddar Cheese,  
on Buttermilk Biscuit

### Simple Breakfast\* 9

2 Eggs, Choice of Meat, Potatoes, Toast

## Flatbreads

### Going Hearty\* 12

Two Scrambled Eggs, Bacon, Ham, Cheddar Cheese, Grilled  
Flatbread

### Saltwater Signature\* 12

Two Sunny Side Up Eggs, Avocado, Arugula, Bacon,  
Mozzarella

## Steel Cut Oats

### Tree Hugger 9

Honey, House Granola, Fresh Berries, Basil

### Keeping it Simple 9

Dried Cranberries, Raisins, Sugar in the Raw

## Three Egg Omelets

### Create Your Own 13

Choose from Ham, Sausage, Bacon, Peppers, Onions,  
Mushrooms, Spinach, Tomatoes, Cheddar, Mozzarella  
Cheese

### Herbivore 12

Mushrooms, Tomatoes, Onions, Peppers, Spinach,  
Mozzarella

### Carnivore 14

Sausage, Applewood Bacon, Honey Ham, Cheddar Cheese

## Saltwater Specialties

### Saltwater Parfait 8

House Made Granola, Vanilla Yogurt, Local Honey

### Lobster Benedict\* 18

Butter Poached Lobster, Cured Tomatoes, Baby Arugula,  
Truffled Hollandaise

\*The Rhode Island Health Department warns that eating partially cooked beef, eggs or raw seafood increases your risk of illness. Consumers who are especially vulnerable to foodborne illness should order food thoroughly cooked. Children under 12 may not be served undercooked beef.