

# SALT water

## STEEL CUT OATS

**Gf Df V** Keeping It Simple 9

Dried cranberries, raisins, brown sugar



## FROM THE GRIDDLE

Belgian waffle 12

Fresh berries, or chocolate chips

Short Stack 8

Two buttermilk pancakes, maple syrup

Simple French Toast 11

Local sweet bread, maple syrup



## SIGNATURE

America's Cup 8

House-made granola, vanilla yogurt,  
fresh berries, local honey

**Gf Df** Egg White Frittata 12

Open-face egg white omelet topped  
with cherry tomatoes & basil



## SIMPLY BREAKFAST

Eggs Benedict 12

Two poached eggs, ham, herb  
hollandaise

**Gf Df** Two Eggs\* 9

Potatoes, toast, choice of bacon,  
turkey bacon or sausage links

**Gf Df** Three Eggs 10

Potatoes, toast, choice of bacon,  
turkey bacon or sausage links



## CREATE YOUR OMELET

**Gf Df** Three Egg Omelet 13

Choose from ham, sausage, bacon,  
peppers, onion, mushroom, spinach,  
tomato, cheddar or mozzarella cheese



## LITTLE SAILOR'S BREAKFAST

**Gf Df** One Egg\* 6

Potatoes, toast, choice of bacon,  
turkey bacon or sausage links

Silver Dollar Pancakes 6

Mini-pancakes with a choice of  
chocolate chips or blueberries



## LOCALLY BREWED DOWNEAST COFFEE ROASTERS

Cold Brew 5

Signature blend, rich and full-bodied,  
crafted from fine South American  
coffee beans

Personalized Mini Press 6

Full-bodied Kenyan, Guatemalan, and  
Brazilian coffee beans

Regular or Decaf Coffee 3

GF = GLUTEN FREE V= VEGETARIAN DF= DAIRY FREE

\* The Rhode Island Health Department warns  
that eating partially cooked beef, eggs, or raw seafood  
increases your risk of illness.

Consumers who are especially vulnerable to foodborne illness  
should order their food thoroughly cooked.

Children under 12 may not be served under-cooked beef.

We use trans fat-free oil in our fryers.

Please inform your server in advance of any allergies when ordering.