

SALT water

STEEL CUT OATS

Keeping It Simple 9

Dried cranberries, raisins, brown sugar

Tree Hugger 9

Local honey, house-made granola, fresh berries



HANDHELD

The Deckhand 8

Scrambled egg, applewood smoked bacon, cheddar cheese, buttermilk biscuit

Saltwater BLT 9

Fried egg, applewood smoked bacon, lettuce, tomato, local sweet bread



FROM THE GRIDDLE

Belgian waffle 12

Fresh berries, or chocolate chips

Short Stack 8

Two buttermilk pancakes, maple syrup

Simple French Toast 11

Local sweet bread, maple syrup



FLATBREADS

Saltwater Signature* 12

Two sunny-side up eggs, avocado, arugula, applewood smoked bacon, mozzarella cheese on a flatbread

Straight From The Bay 20

Boursin cheese, heirloom tomatoes, fresh clams, lobster meat, bacon bits, scrambled eggs



SIGNATURE

America's Cup 8

House-made granola, vanilla yogurt, fresh berries, local honey

Lobster Benedict* 18

Butter poached lobster, cured tomatoes, baby arugula, truffled hollandaise

Egg White Frittata 12

Open-face egg white omelet topped with cherry tomatoes & basil

Saltwater Pancakes 12

Three buttermilk pancakes, salted maple caramel, candied bacon

THREE EGG OMELETS

Carnivore* 13

Sausage, applewood smoked bacon, honey ham, cheddar cheese

Herbivore* 12

Mushrooms, tomatoes, onions, peppers, spinach, mozzarella cheese

Create Your Own 13

Choose from ham, sausage, bacon, peppers, onion, mushroom, spinach, tomato, cheddar or mozzarella cheese



SIMPLY BREAKFAST

Eggs Benedict 12

Two poached eggs, ham, herb hollandaise

Two Eggs* 9

Potatoes, toast, choice of bacon, turkey bacon or sausage links

Three Eggs 10

Potatoes, toast, choice of bacon, turkey bacon or sausage links



LITTLE SAILOR'S BREAKFAST

For children 10 & under

One Egg* 6

Potatoes, toast, choice of bacon, turkey bacon or sausage links

Silver Dollar Pancakes 6

Mini-pancakes with a choice of chocolate chips or blueberries

PB & J French Toast 6

Grape jelly filled french toast, maple-peanut butter syrup



LOCALLY BREWED DOWNEAST COFFEE ROASTERS

Cold Brew 5

Signature blend, rich and full-bodied, crafted from fine South American coffee beans

Personalized Mini Press 6

Full-bodied Kenyan, Guatemalan, and Brazilian coffee beans

Regular or Decaf Coffee 3

* The Rhode Island Health Department warns that eating partially cooked beef, eggs, or raw seafood increases your risk of illness. Consumers who are especially vulnerable to foodborne illness should order their food thoroughly cooked. Children under 12 may not be served undercooked beef. We use trans fat-free oil in our fryers. Please inform your server in advance of any allergies when ordering.